



2022/23 Friday Twilight Sailing Race Series

6 October 2023 to 6 April 2024 – 5:30pm to 7:00pm

Organising Authority

Speers Point Amateur Sailing Club Incorporated (SPASC), Park Road, Speers Point NSW

SAILING INSTRUCTIONS

1. RULES

The Race series will be governed by the World Sailing Racing Rules of Sailing 2021-2024 (RRS), the prescriptions and special regulations of Australian Sailing, the rules of the individual classes (except as any of these are altered by the Sailing Instructions) and the Sailing Instructions.

Attention is drawn to Fundamental Rules [RRS 3 Decision to Race](#).

All persons on board a boat while racing shall be members of a Club affiliated to Australian Sailing and have an active Australian Sailing number. You can check your AS number here www.sailing.org.au/member-finder/.

2. ONLINE REGISTRATION & WEEKLY SIGN-ON

2.1 Eligible boats are single handed off-the-beach monohull dinghy classes, that have an Australian Sailing Yardstick between 106 & 155. This includes Ilca 7, Ilca 6, Ilca 4 and Open Skiff.

1.1. Entries will be accepted only from persons completing the event registration on the Speers Point Amateur Sailing Club Revsport page.

2.2 All participants whose entries have been accepted must also complete the “Weekly Sign-On” sheet for the correct division. If the sailor fails to sign-on before the start boat leaves the club to set the course, they may make a request by phone or radio to the race officer to sign them on.

2.3 Casual entrants will be placed in the races they participate in but they will not receive a score for the series. Casual entrants should register on the Speers Point Sailing Club Revsport page so that the club has their emergency contact details.

3. RACE HEADQUARTERS

The Race Headquarters will be located in the SPASC Clubhouse. The Official Notice Board will be situated at Race headquarters.

4. NOTICES TO COMPETITORS

Notices to competitors will be emailed at least one day prior to the Series, included within Latest News with the revSPORT website and posted on the Official Notice Board located in the SPASC Clubhouse.

5. CHANGES TO SAILING INSTRUCTIONS

Any changes to these sailing instructions will be emailed to competitors at least one day prior to the Series and posted on the Official Notice Board in the Clubhouse.

6. SIGNALS MADE ASHORE

Signals made ashore will be displayed at the flagpole in rigging area.

7. SCHEDULE OF EVENTS

- 7.1 Two Series of Twilight Sailing Races will be held with the first Series on Fridays prior to Christmas 2023, and the second Series on Fridays after Christmas 2023 (refer SPASC Twilight Sailing Program).
- 7.2 Twilight Sailing Race Sessions are scheduled to commence each Friday afternoon from 6 October 2023.
- 7.3 Session Timings:
Race 1 – Warning Signal not before 5:27pm
Race 2 – Warning Signal not before 6:07pm, and not after 6:45pm.

8. RACING AREAS

The racing area will be Cockle Bay, Marmong Point and Warners Bay at the northern end of Lake Macquarie.

9. DIVISIONS

- 9.1 Division one is for single handed off-the-beach dinghy classes participating with an Australian Sailing Yardstick between 106 and 125 (Ilca 6 and Ilca7).
- 9.2 “Gold Fleet” is for single handed off-the-beach dinghy classes participating with an Australian Yardstick between 126 and 155. (Ilca4 and Open Skiff).
- 9.3 The Division One Flag will be the Numeral 1 Pennant - See Addendum B.
- 9.4 The Gold Fleet division flag is the Open Skiff Class Flag - See Addendum B.

10. THE COURSES

- 10.1 The “short course” configuration will be triangle courses bounded by Mark 1 (windward), Mark 2 (wing) and Mark 3 (leeward).
- 10.2 The direction of courses to be sailed at each session will be confirmed by Port or Starboard flags on the Committee Boat.
- 10.3 The course may be shortened by the Race Committee by displaying Flag S with 2 sound signals as the lead boat approaches Mark 3 at the end of the first lap and by finishing boats as they round that mark in the direction required by the normal course. This changes [RRS 32](#).
- 10.4 A Course Diagram and sequence of mark rounding is shown in Addendum A.

11. MARKS

- 11.1 The Division One Start Line will be between a red teardrop buoy (Mark 3) and the Committee Boat
- 11.2 The Gold Fleet Start Line will be between a buoy with black and white checked flag (Mark 4) and the Committee Boat .
- 11.3 Marks 1, 2 and 3 shall be red teardrop buoys.
- 11.4 The Finish Line will be between Mark 3 (red teardrop buoy) and the Committee Boat.
- 11.5 Mark 5 shall be a yellow buoy.

12. COMMITTEE BOAT

The Committee Boat for the Series will display a plain orange flag when on station in readiness for a start.

13. THE START.

- 13.1 Races shall be started as follows, which changes [RRS 26](#) and [RRS 30](#).

13.2 Title	Signal	Minutes before starting Signal	
Warning	Division flag	1 sound	3
Preparatory	Code flag “P”	1 sound	2
One Minute	Preparatory signal removed	1 sound	1
Starting	Division flag removed	1 sound	0

- 13.3 Both divisions will start on the same sequence from different sides of the committee boat.
- 13.4 Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded.
- 13.5 The starting line will be between a staff displaying an orange flag or shape on the race committee boat at the starboard end and the port-end starting mark.

13.6 A boat starting later than 5 minutes after Starting Signal will be scored DNS.

14. RECALLS

General recalls will be signaled in accordance with [RRS 29.2](#). Individual recalls for a boat over the line or one of its extensions at the start will require that boat to sail across an extension so that it's hull is completely on the pre-start side before it starts as per [RRS 30.1](#). Note [RRS 30.1](#) applies whether or not the Committee Boat flies Code Flag "I".

15. THE FINISH

The finishing line will be between a mast displaying an orange flag on the Race Committee Boat on the starboard end and the finishing mark at the port end.

16. TIME LIMITS

- 16.1 The time limit for the first boat to finish will be 40 minutes. Boats finishing more than 15 minutes after the first boat, shall be scored "Did Not Finish" without a hearing. This changes [RRS 35](#), [A4](#) and [A5](#).
- 16.2 If no boat finishes within the time limit, the Race Committee will abandon the race. This changes [RRS 35](#).

17. SCORING

- 17.1 The Low Point Scoring System [RRS Appendix A](#) will apply.
- 17.2 Scoring will be calculated for Outright results using the Australian Sailing 'Off the Beach' Yardsticks – link to the AS yardsticks www.sailingresources.org.au/class-assoc/yardsticks/.
- 17.3 For boats which have a variety of rig options, the sailor must choose one rig option for the series and stick with that rig option.
- 17.4 A Series will need to consist of at least 10 scheduled races.
- 17.5 After 10 races have been held, the score from one race will be dropped. After 13 races have been held, the score from 2 races will be dropped. After 14 races have been held, 3 races will be dropped, After 15 races have been held, 4 races will be dropped. When 20 or more races have been completed a boat's Series score will be the total of her Race scores excluding her five worst scores.
- 17.6 A combined series score will be calculated by adding the Pre-Christmas score to the Post-Christmas score.
- 17.7 Participants who are rostered to help with Committee Boat and/or Support Boat assistance will be allocated 'average Series points' to overcome negative impacts and encourage participants to support this Twilight Sailing Race Series.

Note – Choice of rig needs to be specified on the registration.

18. PENALTY SYSTEM

For all classes [RRS 44.1](#) is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

19. SAFETY REGULATIONS

A boat that retires from a race shall notify the Race Committee as soon as possible.

A race may be cancelled or abandoned if a wind strength of 22 kts is measured for 30 seconds or over or a single wind gust of 30 kts or over is measured. A meeting will be held at the SPASC clubhouse at 4.45pm on the day of the scheduled race, to assess wind conditions in the area of the course.

20. PROTESTS AND REQUESTS FOR REDRESS

- 20.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 20.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 20.3 Notices will be emailed no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the SPASC Clubhouse, the following Friday.

21. PRIZES

Prizes and Awards will be given for division winners of the Pre-Christmas series, Post-Christmas series, Combined Series and a best Female award for the combined series in division one.

22. DISCLAIMER OF LIABILITY

Competitors participate in this Series entirely at their own risk. See RRS 3, 'Decision to Race', which states "**The responsibility for a boat's decision to participate in a race or to continue racing is hers alone**".

SPASC, their officers, members, servants, and agents accept no responsibility in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of their participation or intended participation in the Series or howsoever arising in connection with the Series.

23. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10,000,000. per incident or the equivalent

SPASC ACKNOWLEDGES AND APPRECIATES THE GENEROUS SUPPORT OF LAKE MACQUARIE CITY COUNCIL



Love the lake

The above organisation/persons shall not have any legal liability because of their association with this event.

USEFUL LINKS:

The link to Latest News with the revSPORT website for SPASC is:

<https://www.revolutionise.com.au/spasc/>

A copy of the Racing Rules of Sailing with Australian Sailing Prescriptions is available on:

<https://cdn.revolutionise.com.au/site/hlcjz0uchx9mhls.pdf>

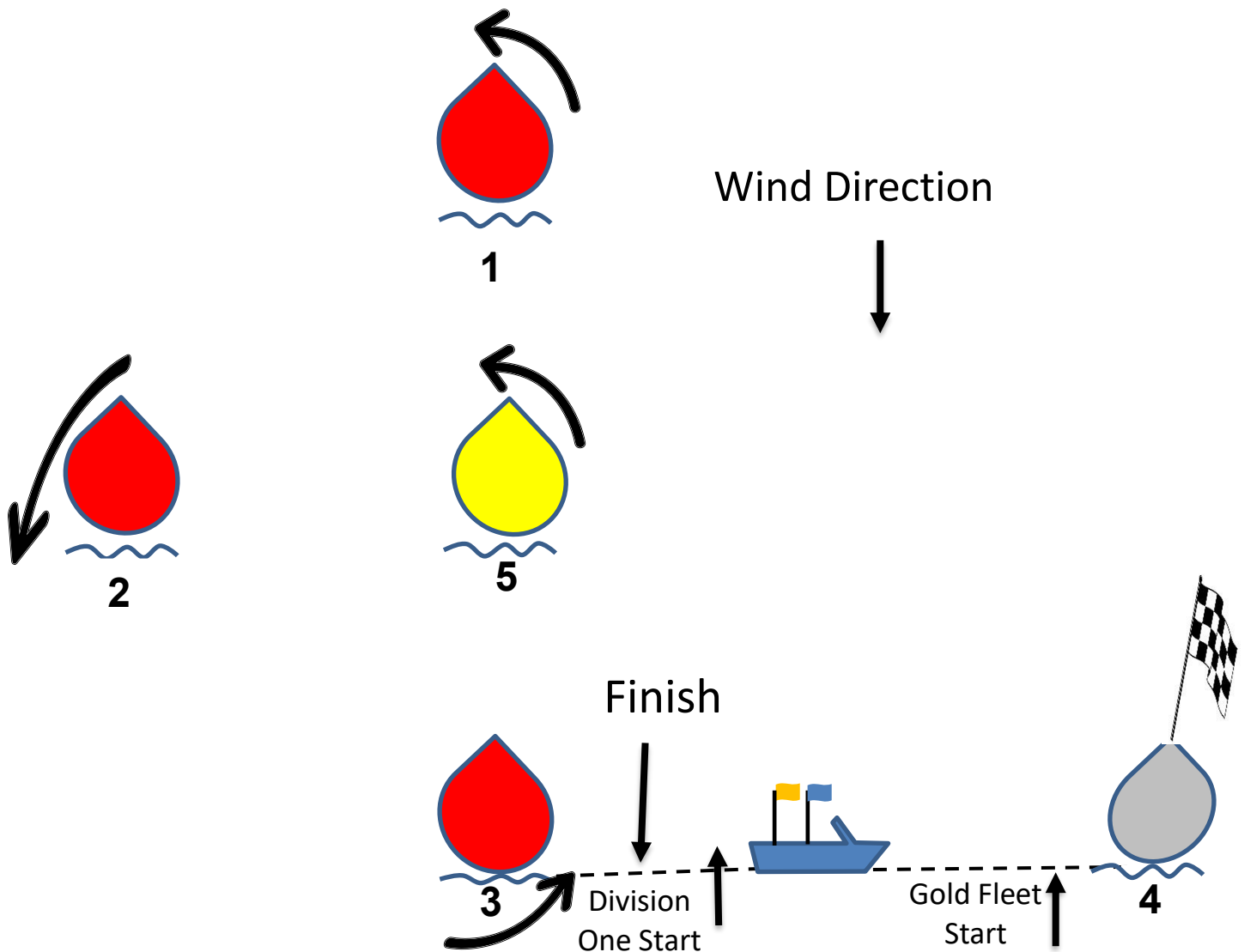
A copy of the Australian Sailing Special Regulations is available on:

<https://www.sailingresources.org.au/safety/specialregs/>

Link to the SPASC website is:

www.spasc.org.au

Addendum A – Course Layout

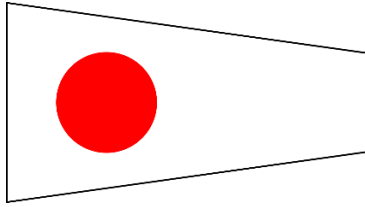


Division 1 Course – Division One **Start**, Mark 1, Mark 2, Mark 3, Mark 1 – **Finish**
Boats shall leave Marks 1, 2 & 3 to Port unless on a Starboard course.
Please leave the start/finish area clear except when racing.

Gold Fleet Course – Gold Fleet **Start**, Mark 1, Mark 2, Mark 3, Mark 5 – **Finish**
Boats shall leave Marks 1, 2, 3 & 5 to Port unless on a Starboard course.
Please leave the start/finish area clear except when racing.

Addendum B – Commonly Used Race Signals

Division 1 – Class Flag (Pennant 1)



Gold Fleet- Class Flag



AP – Postponement



First Substitute – General Recall



N – Abandonment



S – Shortened Course



P - Preparatory Signal



Orange Flag – starting line



X – Individual Recall



Blue Flag – finish line

